

**Seguin Independent School District  
School Health Advisory Council  
SHAC**

Minutes, October 21st, 2015

- Meeting called to order 5:06- Pete Silvius
- Mark Dibble, Allison Willemin, Julie Steele, Beth Loyer, Robin Lux, Amy Long, Pam Colvin, Danna Dyess, Stephanie Tate, Trason Willemin and Pete Silvius were present.
- September meeting minutes approved. Motion by Allison Willemin.
- Program updates.

-Robyn Lux explained how Chartwells will be implementing the new salad bar donation from HEB to all 7 elementary campuses in the district. Oct. 26<sup>th</sup> -28<sup>th</sup> will be the kick-off event at all campuses with the exception of Rodriguez, which has already had their kick-off event as the host site of the donation announcement. Robyn explained that during the kick-off celebration event all students will be offered a special serving of fruits and vegetables from the salad bar made possible by a donation from Chartwells and Hardies (the produce supplier). After this event the salad bar will be used in two ways during meal service at lunch. One way is that the fruit and vegetable offering with the hot meal will often be relocated from the line to the salad bar. Student would simply pick up their produce choice from the bar. The second use will be utilizing the salad bar as a 3<sup>rd</sup> entrée choice. In this situation the salad bar meal will meet all guidelines for to be a reimbursable meal. In addition to using the salad bar during meal service it will also be available for campuses to make use of for school events such as parent nights, carnivals, etc. The campus SVPO is encouraged to consider using the salad bar for events they host at the school.

- New Business

-As a continuation of the September meeting Pete continued to review the laws associated with SHAC's and Coordinated School Health. SHAC sub-committees were again discussed and we started to identify several sub-committee chairs.

-Our sub-committees will be our focus of attention for the next several months. Sub-committees will communicate as needed through email. There were several topics of interest for sub-committees to address in the 2015 -2016 school year.

Julie Steele has requested that the SHAC look into ways that we can help to address issues of school safety. Julie would like to see the SHAC play a role in helping to communicate emergency response plans in place at the school with parents and the communities. Pete will help to connect Julie with Kirsten Legore and district counselors to see if there are ways that SHAC can support district procedures.

Stephanie Tate is going to work to connect Chartwells, the Extension Service and the SVPO to offer a family nutrition event at a school campus. Topics might include meal planning, nutrition labels, etc.

Pete Silvius is going to work through the physical activity sub-committee to promote family physical activity events to include kayaking and biking.

Julie Steele has offered to work with the district to set up a SHAC Facebook page.

**Physical Activity- (this sub-committee is required of all SHAC's**

Chair –Jessica Kirksey

Julie Steele

Allison Willemin

Trason Willemin

Pete Silvius

**Nutrition-**

Co-Chair-Robyn Lux & Stephanie Tate

Kelli Braune  
Mark Dibble  
Julie Steele  
Beth Loyer

**Social and Emotional-**

Chair- Julie Steele  
Pam Colvin  
Michele Meehan  
Deborah Mahan  
Stephanie Tate  
Jessica Kirksey

Beth Loyer  
Allison Willemin  
Amy Long  
Kirsten Legore

**Environmental Wellness-**

Chair- Pam Colvin  
Mark Dibble  
Danna Dyess  
Trason Willemin  
Elisa Carter  
Donna Wolfe

Cathy Anderson  
Amy Long

**Human Sexuality-**

Chair- Deborah Mahan  
Michele Meehan  
Pam Colvin  
Stephanie Tate  
Amy Long

-Meeting dates and times were again discussed for 2015-2016. Meeting will continue to be at 5pm on Wednesday. 2/24/16, 3/23/16, 5/11/16

- Meeting adjourned 6:11